



E A S T W E S T  
H E A L T H

## **Genova Stool Test Instructions**

The Genova stool kit is a test used to analyze the composition of a patient's stool. It is commonly used to evaluate gastrointestinal health and detect any abnormalities that may be present. Here are step-by-step instructions for completing the Genova stool kit:

1. **4 weeks before: wait at least 4 weeks after colonoscopy or barium enema before completing this test.**
2. **2-4 weeks before: wait at least 14 days after taking an antibiotic, antiparasitic, antifungals or probiotics before completing this test.**
3. **14 days before collection: discontinue proton pump inhibitors (omeprazole, prilosec, etc.) or bismuth (pepto bismol).**
4. **2 days before: stop use of Nsaids (aspirin, ibuprofen, naproxen, Aleve, Advil, Excedrin, etc.)**
5. **Go to [gdx.net/activate](http://gdx.net/activate) and enter the number found on the activation card which will be in the kit to register.**
6. **Write your date of birth & date of collection on the labels provided. Fill out the patient questionnaire in the kit.**
7. **Fill out the requisition form: The requisition form should be included in the kit. Fill out all of the required information, including your name, date of birth, and any relevant medical history.**
8. **Collect the stool sample: Begin by collecting a small sample of your stool. Use the provided collection container and gloves, and follow the instructions for collecting the sample, try to avoid urine getting into the sample. Make sure to collect the sample from different parts of the stool. Fill the container to the fill line, DO NOT OVERFILL.**

9. **Pack the sample:** Once you have collected the stool sample into the individual containers provided as directed, and filled out the requisition form, pack them together in the provided biohazard bag. Make sure the bag is sealed tightly to prevent any leaks. Refrigerate if you are shipping the next day.
10. **Ship the sample:** Follow the instructions for shipping the sample back to the laboratory. The kit should include a prepaid shipping label, so you should not have to pay for shipping.
11. **Wait for the results:** The laboratory will analyze the stool sample and provide a report detailing the composition of the stool. The results can take several days to several weeks to process, depending on the lab's workload.
12. **Interpret the results:** Once you receive the results, review them carefully with your healthcare provider. They can help you interpret the results and make any necessary changes to your treatment plan.

**\* Overall, the Genova stool kit is a straightforward test to complete. However, it is important to follow the instructions included in the kit carefully to ensure accurate results.**